

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Hymn Sing 2:00 Crafts	2 10:30 Sit and Dance 12:45 Leave for Bingo Bonanza at Heritage Place	3 10:30 Trivia 2:00 Baggo	4 10:30 Chair Fit 2:30 A.V Cloggers	5 10:30 Coffee Chat 1:30 Barbara and Jimmy Singing for Us <small>Sukkot</small>	6 10:00 Music Therapy with Dori-Ann 2:00 Bingo	7 10:30 Reach for the Sun Exercise 1:30 Movie Time
8 10:30 Coffee Chat 1:30 Baggo	9 Thanksgiving Day <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	10 10:30 Puzzle Time 2:30 Variety Games at Heritage Place	11 10:00 Yoga with Jane 2:00 Darren Geddes	12 10:30 Jeopardy 2:00 Frog Toss/ Balloon Volley Ball	13 10:30 Coffee Chat 2:00 Trinity Church	14 10:30 Chairfit 1:30 Bingo
15 10:30 Hymn Sing 1:30 Movie Time	16 10:30 Puzzle Time 1:30 Baggo Happy Birthday Peggy	17 10:30 Resident Council Meeting 12:45 Happy Times Tea	18 10:30 Chair Fit 12:30 Echo Sunshine Club 50 th Anniversary	19 10:30 Coffee Chat 1:30 Hank Mallon	20 10:00 Music Therapy with Dori-Ann 1:30 Peter Schroeder Happy Birthday Frances	21 10:30 Reach for the Sun 2:00 Floor Curling
22 10:30 Coffee Chat 2:00 Bingo	23 10:30 Chair Fit 1:30 A.V Fiddlers	24 10:30 Puzzle Time 2:00 Darren Geddes	25 10:00 Yoga with Jane 11:15 Casino Bingo Lunch Trip	26 10:30 Notre Dame Church 2:00 Crafts	27 10:30 Cranium Crunches 2:00 Frankenstein Friday Movie Happy Birthday Ben	28 10:30 Sit and Dance 2:00 Bingo
29 10:30 Purr-Tea Kitty Chat 2:00 Nerf Gun Ghouls Shoot Out	30 10:30 Chair Fit 2:00 Crafts	31 10:30 Puzzle Time 2:00 Halloween Party <small>Halloween</small>	 <h1>October 2017</h1> <p>The trees are about to show us how lovely it is to let things go ☺</p>			