

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <i>Happy Birthday Otilia</i> New Year's Day	2	3 10:30 Coffee Chat A/L Coffee Chat 1:30 Baggo	4 10:30 Chair fit A/L Sit and Dance 2:30 A.V Cloggers	5 10:30 Coffee Chat A/L Coffee Chat 1:30 Floor Curling <i>Happy Birthday Dave</i>	6 10:00 Music Therapy with Dori-Ann 2:00 Bingo	7
8	9 10:30 Chair fit A/L Sit and Dance 1:30 Darren Geddes <i>Happy Birthday Ken</i>	10 10:30 Coffee Chat A/L Resident Council 1:30 Hector's Sing a long	11 10:00 Yoga with Jane 2:00 Floor Curling	12 10:30 Coffee Chat A/L Coffee Chat 1:30 Barbara and Jimmy Singing for Us	13 10:30 Trinity Church 1:30 Peter Schroeder	14
15 2:00 Alberni Valley Bulldogs Game Martin Luther King Day	16 10:30 Chair fit A/L Sit and Dance 2:30 Bean Bag Toss at Heritage Place	17 10:30 Coffee Chat 1:30 Target Shoot Out	18 10:30 Chair fit A/L Sit and Dance 1:30 Echo Sunshine Club Tea	19 10:30 Puzzle Time 1:30 Hank Mallon <i>Happy Birthday Alma</i>	20 10:00 Music Therapy with Dori-Ann 2:00 Bingo <i>Happy Birthday Fred</i>	21
22	23 10:30 Chair fit A/L Sit and Dance 1:30 A.V Fiddlers	24 10:30 Coffee Chat 1:30 Hector's Sing a Long <i>Happy Birthday Jean</i>	25 10:00 Yoga with Jane 2:00 Crafts	26 10:30 Notre Dame Church 1:30 Bowling Australia Day	27 10:30 Chair Fit A/L Sit and Dance 2:00 Chinese New Year Party Chinese New Year	28
29	30 10:30 Chair Fit A/L Sit and Dance 2:00 Table Games at Heritage Place	31 10:30 Puzzle Time 1:30 Floor Curling				